

# Glen Lake Swim Episode VI

With Mark Shelton as Captian Radical the Pirate King of Rock & Roll!



## The GLENNIE ZONE



Sunday August 18<sup>th</sup>, 2024 • Glen Lake, Goffstown, NH  
USMS Sanctioned One & Two Mile Open Water Swim Races  
Generous Awards & Prizes • Post-Race Party  
Benefits Health and Wellness and Swim Safety Programs

[www.glenlakeswim.com](http://www.glenlakeswim.com)